smooth quiet comfortable

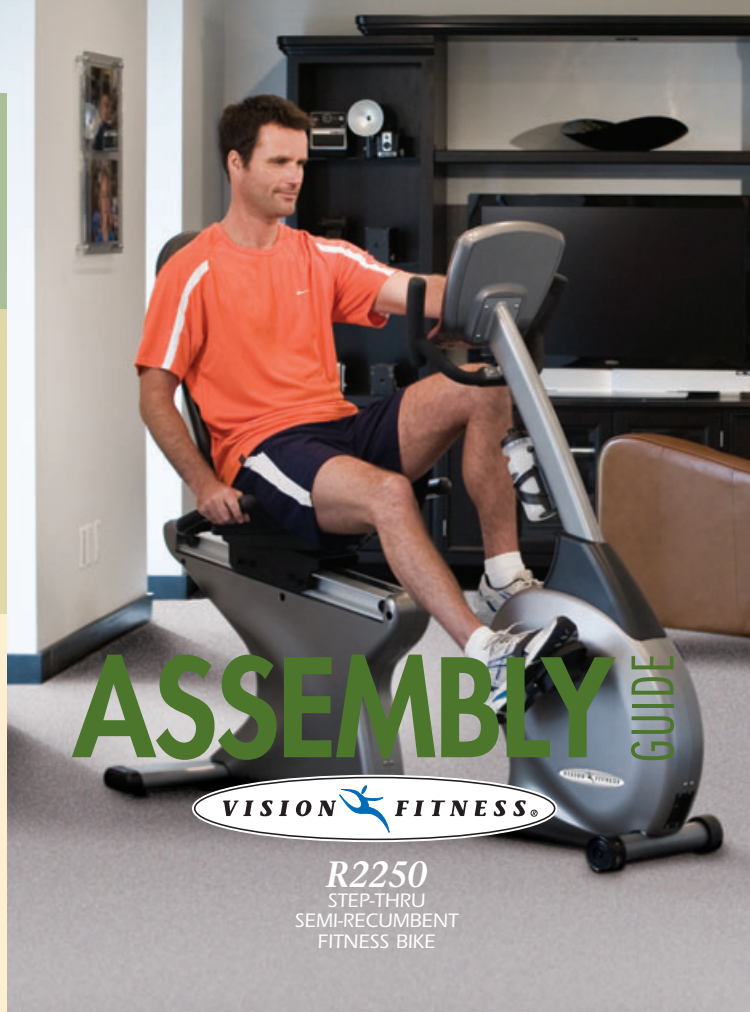
it all starts with a

vision

VISION FITNESS®

500 South CP Avenue ▪ P.O. Box 280 ▪ Lake Mills, WI 53551
toll free 800.335.4348 ▪ phone 920.648.4090 ▪ fax 920.648.3373
www.visionfitness.com

©2008 Vision Fitness. All Rights Reserved.
May be covered by one or more patents or patents pending: US 4917376
9.08
AG18.35PRD
REV6



ASSEMBLY GUIDE

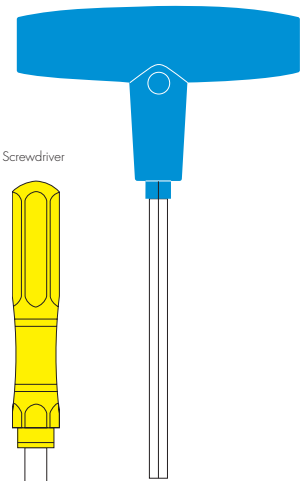
VISION FITNESS®

R2250

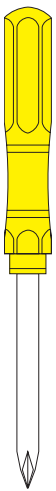
STEP-THRU
SEMI-RECUMBENT
FITNESS BIKE

TOOLS & PARTS INCLUDED

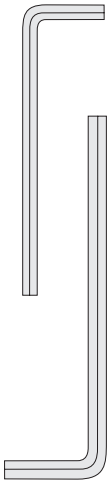
5mm T-Shaped Wrench



Screwdriver

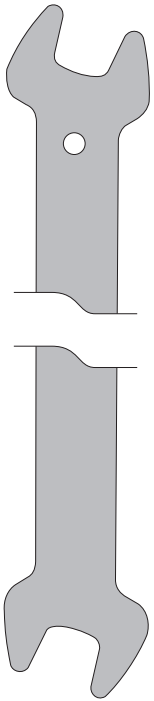


4mm L-Shaped Wrench



5mm L-Shaped Wrench

17mm/15mm Pedal Wrench

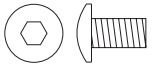


PARTS BOX

Pedals, Qty: 2
Power Supply, Qty: 1
Water Bottle & Cage, Qty: 1
Color-coded Hardware Bags
Assembly Guide

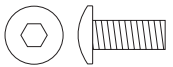
HARDWARE INCLUDED

PINK BAG



M8 x 15L Bolt
Quantity: 4

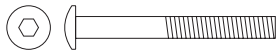
M8 x 10L
Set Screw
Quantity: 1



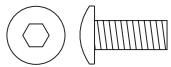
M8 x 20L Bolt
Quantity: 2

SW8 Lock Washers
Quantity: 6

BLUE BAG



M6 x 55L Bolt
Quantity: 4



M8 x 20L Bolt
Quantity: 6

SW6 Lock Washer
Quantity: 4

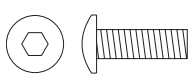
M6 x 12L Bolt
Quantity: 6

SW8 Lock Washer
Quantity: 6

ORANGE BAG

M8 x 70L Bolt
Quantity: 2

SW8 Lock Washer
Quantity: 4



M8 x 25L Bolt
Quantity: 2

Assembly Guide

R2250

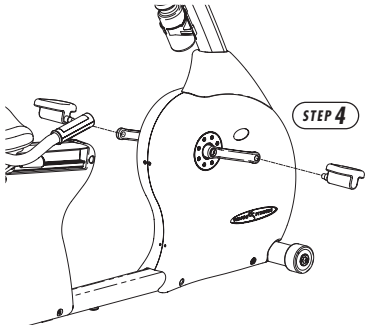
STEP-THRU SEMI-RECUMBENT FITNESS BIKE

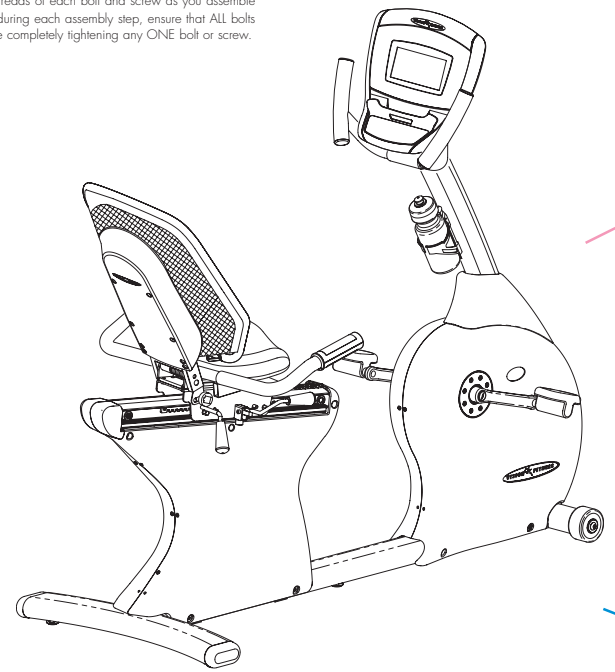
To avoid possible damage to this Fitness Bike, please follow these assembly steps in the correct order. Before proceeding, find your new Fitness Bike's serial number located on the front axle tube, and enter here:

_____

Refer to this number when calling for service, and enter this serial number on your Warranty Card and in your own records. Be sure to read your Owner's Guide before using your new Fitness Bike.
If any parts, hardware or tools are missing, please call 1.800.335.4348

NOTE: It is recommended that you apply grease to the threads of each bolt and screw as you assemble your Fitness Bike to prevent loosening and noise. Also, during each assembly step, ensure that ALL bolts and screws are in place and partially threaded in before completely tightening any ONE bolt or screw.



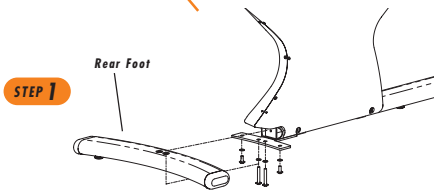


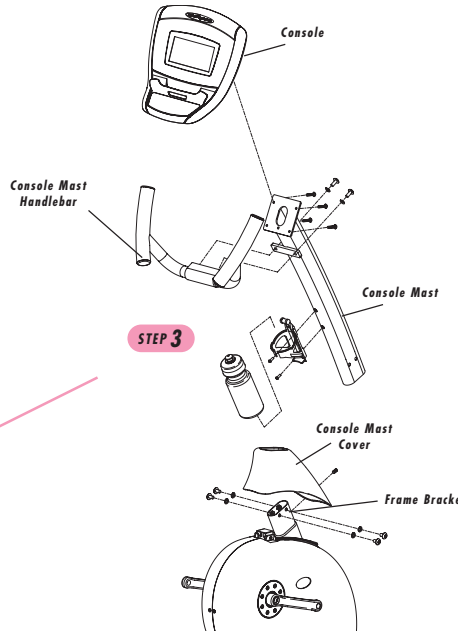
STEP 1 ORANGE BAG

- Slide the rear foot into place on the frame. Secure the foot in place with two bolts (M8x25L) and two lock washers (SW8) to the outside holes and with two bolts (M8x70L) and two lock washers (SW8) to the inside holes. Tighten with the T-shaped 5mm wrench.

STEP 2 BLUE BAG

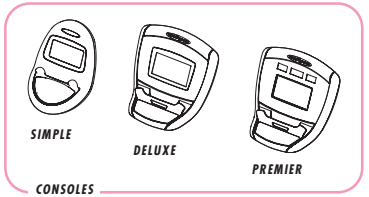
- Locate the seat rail adjustment lever on the right side of the seat frame. Remove the socket head bolt from the front hole in the lever. Rotate the seat lever into alignment on the bracket. Reinsert the socket head bolt and tighten both bolts with the 4mm L-shaped wrench.
- Take the seat frame handlebars and connect the heart rate wires exiting its center to the heart rate wires coming from the seat frame. Mount the seat handlebars to the seat frame with two bolts (M8x20) and two lock washers (SW8) to the rear set of holes. Tighten with the 5mm T-shaped wrench.
- Set the seat bottom support onto the main seat frame so that the rear set of holes line up over the front set of holes on the handlebar bracket. Secure in place with four bolts (M8x20) and four lock washers (SW8). Tighten with the 5mm T-shaped wrench.
- Mount the seat bottom cushion to the seat bottom support with four bolts (M6x55) and four lock washers (SW6). Tighten with the 4mm L-shaped wrench.
- Take the seat tilt adjustment lever and slide it in place over the seat tilt adjustment block, making sure the handle of the seat tilt adjustment lever is pointing up. Tighten the two set screws in the seat tilt adjustment lever bracket using the 5mm L-shaped wrench.
- Slide the frame of the mesh seat back into the seat frame. Secure using six bolts (M6x12). Tighten using the 4mm L-shaped wrench.





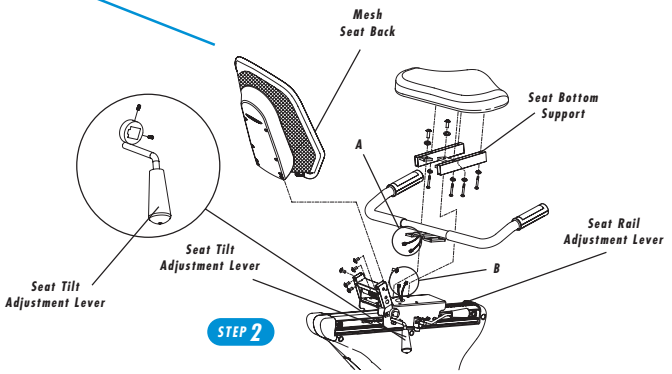
STEP 3 PINK BAG

- Slide the console mast cover onto the console mast.
- Use the wire tie coming from the bottom of the console mast to wrap around the wire harness and heart rate wires that are sitting in the frame bracket.
- Pull the wire tie up through the console mast so the wire harness and heart rate wires exit the top of the mast.
- Slide the bottom of the console mast over the frame bracket. Insert a set screw (M8x10L) to the front edge of the mast and tighten until snug with the 4mm L-shaped wrench. Use the T-shaped 5mm wrench to secure the four bolts (M8x15L) and four lock washers (SW8) to the sides of the console mast bracket.
- Mount the console mast handlebar to the console mast with two bolts (M8X20L) and two lock washers (SW8). Tighten with the T-shaped 5mm wrench.
- With a screwdriver remove the four mounting screws from the backside of the console. Connect the heart rate wires and the wire harness to the pin connectors on the backside of the console. Mount the console to the console mast using the four mounting screws and the screwdriver.
- Slide the console mast cover into place so it integrates with the side covers.
- Mount the water bottle cage to the console mast with the screws located on the console mast.



STEP 4 PEDALS

- Attach left pedal strap to left pedal and right pedal strap to right pedal.
- Attach right pedal to right crank arm and left pedal to left crank arm. Tighten with the 15mm pedal wrench.



STEP 5 CONSOLE

- Refer to **Product Selection and Model Configuration** decal on console or follow these steps.
- Once the product is plugged in turn on the console
- Select product (Bike (BK) or Elliptical (EP)) using the resistance arrow keys. Press ENTER to select.
- Select model number (Bike (1500, 2050, 2250, 3200) or Elliptical (1500, 6000, 6200)) using the RESISTANCE arrow keys. Press ENTER to select. Console will reset to start-up screen.
- The product selection and model configuration is now complete.